

revive Health Club

BENEFITS

FREE Fitness Assessment

All members are entitled to a full Fitness Assessment once every 3-6 months.

- Blood Pressure
- Lung Capacity
- Body Fat %
- Flexibility Test
- Health & Fitness Report



FREE 30 mins PT Session

All members are entitled to a 30 minutes fitness training programme every month.

- Learn how to use our gym equipment
- Get a basic exercise programme

BOOK YOURS TODAY!

